







April 2012



- * H.H.– Healthy Haven Series w/ Sally Jones
- * W.W.– Wind-Down Wednesday
- * L.E.A.D.– Leadership And Education Development
- * Health & Wellness Day-Yoga/ Zumba Class from 12pm to 1pm in FA129
- * Health & Wellness Evening Class from 5:30pm to 6:30pm in FA129

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 L.E.A.D. 12-1pm, SC104 H.H. 12-1pm, SC210 H&W Eve.- Yoga	2	3 H&W Day - Zumba	4 H&W Day-Yoga	5 H&W Day- Zumba H&W Eve.- Yoga	6	7
8 L.E.A.D. 12-1pm, SC104 H&W Eve.- Yoga	9	10 H&W Day - Zumba	11 H&W Day-Yoga	12 SGA Meeting 12pm, SC 104 H&W Day- Zumba H&W Eve.- Yoga	13  Collegiate Empowerment	14 Collegiate Empowerment Conference 10am-5pm Conference Center
15 Free CPR Class 12-1:30pm, SC104 H&W Eve.- Yoga	16	17 H&W Day - Zumba	18 W.W.: Earth Day Celebration! 12-1pm, SC104 H&W Day-Yoga	19 Finance Meeting 12-1pm, SC111 H&W Day- Zumba H&W Eve.- Yoga	20	21 NYC Bus Trip to: Madame Tussaud's!!! 
 22 L.E.A.D. 12-1pm, SC104 H&W Eve.- Yoga	23	24 H&W Day - Zumba	25 W.W. Mask Making for Spring Day 12-1pm, SC 104 H&W Day-Yoga	26 Bring your child to Work Day Events 11am-2pm, SC104 H&W Day- Zumba H&W Eve.- Yoga	27 	28 Go Green Club's Flea Market 8am-2pm, Cafeteria 
29 H.H. 12-1pm, SC210 H&W Eve.- Yoga	30					



Mercer County Community College Student Activities
And
MCCC Health and Wellness

